

Adult Community Ed Classes Winter / Spring 2017

Contact District Office for more information and to register. (507-427-2325 ext. 5)

Hairpin Lace

Learn how to do hairpin lace. Hairpin lace is a variation on crochet, in which you combine a standard crochet hook with a hairpin lace frame. You will learn how to make a scarf or a small lap blanket. Call for a complete class description and supply list.

Teacher: Arlie Klassen

Dates: Feb. 13, 27

Time: 6:00 – 7:00 pm

Cost: \$10 (Purchase own supplies)

Register: 507-427-2325 ext. - Need 5 to have class/ Register by Feb. 8.

Piyo Class

Join us for a new exercise class called Piyo. Piyo is a Pilates and Yoga inspired workout that includes flexibility training, strength training, conditioning, and dynamic movements to get you toned and work on your flexibility all at the same time. There are modifications and progressions for all fitness levels. This class will keep you moving quickly through poses normally found in a pilates and a yoga routine. Bring yoga mat if available.

Teacher: Laura Penner

Dates: Feb. 14, 18, 21, 25, 28; March 4

Time: Tuesday Mornings: 6:00 – 7:00 am (enter bell door) ; Sat. Mornings: 7:30 – 8:30 am (enter auditorium door)

Cost: \$25

Register: At Community Ed – 427-2325 ext. 5 - Need 6 to have class/Register by Feb. 9.

All About Coffee

Taste and learn about the coffees served at the Sweet Fields Restaurant. Joyce will be teaching us what's in the different coffee drinks and how they are made. Beside the regular coffees, there will be a few new variations for us to try. Some appetizers and samples of the foods that are available at Sweet Fields will be served. Come join us for a fun evening!

Leader: Joyce Bucklin

Date: February 28

Time: 6:30 – 7:30 pm

Location: Sweet Fields

Cost: \$10

Register: At Community Ed - 427-2325 ext. 5 - We need 8 to have class/Register by Feb. 23.

Adult Basic Education Classes (ESL & GED) are Free to Adults

Teacher: Jean Haberman

Location: Elementary Public School Library – Enter through Elementary School Back Parking lot doors

Time: Tuesday, 4:30 pm – 7:30 pm

Thursday, 4:30 pm – 6:00 pm

Open Gym and Hallways For All Ages

The whole family is welcome to come. Young children must be supervised by an older sibling or adult. Enter through the auditorium door.

Supervisor: Willie Krahn

Dates: Jan. 21; Feb. 11, 18, 25; March 4, 11, 18

Time: 9:00 – 11:30 am

Beginning Crochet Class

Learn a chain stitch or starting stitch and the single crochet stitch. At the class you will make a pot holder or dish cloth. Bring to class a **J, K, or L** crochet hook, yarn (acrylic 4 ply for pot holder or cotton yarn for dish cloth), and a scissor.

Instructor: Kris Hopper

Date: March 6

Time: 6:30- 8:00

Location: Elementary Library

Cost: \$5

Register: At Community Ed - 427-2325 ext. 5 - We need 5 to have class – Register by Feb. 28.

55 + Drivers Class

This class will enable you to renew your auto insurance discount. Certificate of Completion awarded at the end of class. Coffee will be provided.

Instructor: Kathy Pederson

Date: Mon., March 13

Time: 5:00 – 9:00 pm

Location: Mt. Lake Community Center

Cost: \$22.00

Register: in District Office at 427-2325 ext. 5