

Mountain Lake Community Education

Sign up for all Community Education Classes at 427-2325 ext. 5.

CORE DE FORCE – Workout class

Instructor: Laura Penner,

Tuesday Class, \$16 March 6, 20, 27, April 3 5:45 – 6:45 pm elem gym

Saturdays Class, \$16 March 10, 17, 24, 31 7:00 – 8:00 am auditorium gym

Sign up for Tues. and Sat. Class \$28 Sign up by March 1 Need 6 to have each class

CORE DE FORCE is a mixed martial art-inspired workout. This is a non-contact, high-energy, total-body sculpting class. With no equipment needed, the workout combines movements from Western Boxing, Brazilian Jiu jitsu, Muay Thai, and more.

Aeriums

Leaders: Prairie Ecol Staff Date: March 19 Time: 6:00 – 7:30 pm Location: Elem Library

Cost: Class Fee \$8 + \$5 supply fee to Prairie Ecology (\$13) **Register by March 12 (427-2325 ext. 5)**

Need 8 to have class.

Does the cold weather got you down? Do you miss spending time outside taking care of plants. In our aerium class you will design create and learn how to care for your own aerium.

Quick Artisan Bread

Teacher: Marie Rete Date: March 20 Time: 6:00 – 8:00 pm Location: HS Cooking Lab

Cost: \$8 for class to Community Ed + \$10 supplies payable to Marie Total \$18 Need 6 to have class **register by March 13 (427-2325 ext. 5)**

Would you like to learn how to make free form loaves with a custard crumb and crust? Marie will guide you through mixing, shaping, baking and tasting wonderful loaves of bread. Marie will bring bread and jam to taste. Each participant will go home with some bread.

Storing Photographs

Instructor: Christina Hanson Date: Thursday, April 5 Time: 6:30 – 8:00 pm

Location: Elem Library Cost: \$10

Do you want to learn how to store your photographs that you take with your iPhone or iPad?

In this class you will learn about storage on your iPhone and iPad. Bring your iPad or iPhone to class

Register by March 29 Need 3 to have class.

55 Alive Drivers Class

Instructor: Kathy Pederson, Mt. Lake Community Center, April 10, 5:00 – 9:00 pm

Cost; \$22 made out to Kathy Pederson. Be sure to register so paper work is ready.

Youth Drivers Education Class

Instructor: Annette Kunkel Classroom and Behind the Wheel Instruction

Classroom instruction June 4 – 20 Register by May 17 Call for registration form

Pickle Ball Are you interested playing pickle ball ? Interested people please call 427-2325 ext. 5.